



CONFERENCE – APRIL 5, 2024

PRESENTATION OBJECTIVES

Listed in the order they were presented.

Bonnie Harris – Keynote – Parent Education: It’s All About the Parent Because the Kids Are Fine - 1. To understand that it is the parent's job to set realistic expectations for each of their children based on their inborn characteristics in order to connect with the child. 2. To understand that messages from the parent's own childhood background affects their expectations and assumptions about their children that can get in their way of setting appropriate expectations. 3. To have a grasp of the characteristics and what to watch out for both positive and negative in the Integrity child and the Harmony child.

Yu Jiang – Parenting Creatively - Participants will learn what is involved in using the universal parenting process. Participants will leave with a powerful tool to support parents dealing with challenging parental situations. Participants will be more aware of the parents with whom they work as capable, creative, problem-solving human beings.

Kerri Nachlas – Sweet Dreams: There is More to Sleep Than Rest - 1. To show the link between a well-rested child and behavior 2. Show the link between an unrested child and behavior 3. How sleep impacts the family as a whole and shows up in parenting skills.

Teresa Phelps – Navigating Grief Together – 1. Understand the unique ways in which children experience and cope with grief. 2. Equip parents with practical communication strategies to create a supportive environment. 3. Provide parents with actionable tools and techniques to strengthen their bond with their child during grief.

Michele Thorne & Gabrielle Ficchi – Critical Importance of Caring for the Caregivers - 1. Increase knowledge of how a disabled child affects parents protective factors. 2. Learn proactive solutions for your organizations; 3. Discover resources that are available to caregivers.

Neil Tift – Exploring Maternal/Paternal Parenting Styles - 1. To explore how gender socialization impacts how fathers and mothers parent their children. 2. To recognize the unique contributions that mothers and fathers offer in growing healthy children. 3. To generate awareness in policies and procedures that respect maternal and paternal parenting styles and offer strategies to respond to their similarities and contrasts.

Dollnita Winston – Guiding CoParents - 1. To provide participants with helpful tools and strategies necessary to help co-parents. 2. To provide Parent Educators with a viable resource list for their clients. 3. To emphasize the importance of working with families going through transition.



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Rebecca Parlakian – Exploring the Parent Café Model – 1. To describe the research-based elements of positive parenting and how they relate to parenting behaviors and attitudes. 2. To identify elements of a parent café model used in the curriculum that can be replicated at a home site. 3. To explain how mindfulness and parent self-regulation are related to strong parent-child relationships.

Ebonyse Mead – Glows and Grows of Racial Justice and DEIB Work - 1. Define key racial justice terms; 2. Identify the barriers to racial justice and DEIB work; 3. Discuss the difference between colorblind diversity and critical diversity; 4. Identify strategies to continue engaging in racial justice and DEIB work.

Aaron Weiner – Vaping, Nicotine, & THC: Preparing Parents for Teen Drug Trends - 1) Attendees will learn about the current science related to the health risks of vaping, nicotine, and THC on adolescents; 2) Attendees will learn about the factors that drive youth vaping and drug use, and how they can teach parents to understand how these apply to their children; 3) Attendees will learn what parents can do to maximize their influence on their children making healthy choices related to vaping and drug use.

Ellen Tanner, Michelle Berscheid, Eve Sullivan, & John Jeffers – Recognizing Parenting Educators Through Licensure - Participants will gain knowledge of at least 3 components of the licensure toolkit. Presenters will identify at least 2 people interested in either using or adding to the toolkit contents. Participants will recognize at least 2 research components pertinent to the field of parenting education. Presenters and participants will raise at least three questions that when explored, can enhance the contents of the toolkit.

YaeBin Kim – Use of Evidence-Based or Evidence-Informed Parenting Education Programs - The objectives of the current study are: 1) to demonstrate which parenting education programs parenting education professionals have used, 2) to describe how they have used evidence-based or other parenting education programs and adjusted programs, 3) to understand how they have evaluated those programs.

Tanya Whitworth & Corinna Tucker – Sibling Aggression -Participants will learn: 1. Sibling aggression and abuse are harmful but remain normalized in society. 2. Parents are key to preventing and stopping sibling aggression and abuse. 3. Evidence-based parent education programs are needed to address sibling aggression and abuse.



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Julia Tienson & Jen Hoskins – Family Check-Up Online - Share about the efficacy of Family Check-Up Online, Family coach experience serving parents using an online tool partnered with phone sessions, Tangible takeaways.

Sandra McClintic, Betty Cooke, & Lorna Durrant – Parenting Educator

Competencies - Participants will be able to identify the four domains considered essential to effective parenting education, in the competency framework. Participants will be able to explain the contents of the three NPEN resource documents. Participants will be able to discuss at least five potential users and uses of the resource documents.

Debbie Kruenegel-Farr – Infusing Positive Psychology in Parenting Education - 1.

participants will learn about positive psychology topics that can be shared with parents. 2. participants will gain an understanding of how applied positive psychology tenets can improve parent-child relationships. 3. participants will reflect on their own use of positive psychology strategies. 4. participants will discuss which strategies they would like to use, whether it's in direct service to parents or in their family service programs.

Samantha Gray – Normalizing and Encouraging Universal Parenting Education -

Normalizing and destigmatizing parenting education and support; Using social marketing to develop demand for and participation in parenting programs and ongoing peer group support; Addressing gaps and building capacity.

Yogi Patel – Educational Adventures at Home - Children to feel a sense of belonging,

connection and learn tools and skills while feeling capable. Parents to review how they can contribute to their child's growth and development on a daily basis and feel a sense of connection, joy and fulfillment.

Dana Booker – Beyond the Book: Supporting Parent Educators' Knowledge

Attainment - 1. Define and identify diversity within early childhood literature. 2. Discuss the barriers to diverse literature e.g. policies, limited training, professional development, and personal value systems. 3. Recognize the benefits of introducing young children to diverse literature through shared reading engagement. 4. Evaluate examples of diverse literature and provide best practice strategies that can be applied to support shared reading engagement in the parent-child relationship.



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Mary Willcox Smith – Micro-Moments in Parenting – 1) Demonstrate the power of small moments (good, bad, or outright awful!) in building connection and resilience; 2) Equip educators with tools that promote validation, understanding and staying firmly in the role of parent; 3) Illuminate the role (and impact) of personal healing on parenting and how the MicroStep Method™ encourages self-reflection and healing.

Sahba Rohani & Brandi Forté – Innovative Approaches for Engaging Families in Schools – 1. Participants will gain a deeper understanding of fundamental tools to building intentional family programming. 2. Participants will leave with an opportunity to think about how this workshop has a direct impact on their practice. 3. Participants will connect tools provided to their school contexts and leave with actionable next steps to support strengthening family engagement.

Stacy Lappin, Rosháé Lowe, & Regina Elmi – Legacies of Love – Cultivating Family Connections - •Participants will leave with concrete ideas and inspiration for implementing authentic family engagement within their own contexts; • By sharing the transformative impact of centering family voices, participants will gain insights into how to deepen the understanding of the nature of discipline. •Participants will explore their personal hopes and dreams for their children while benefiting from the collective wisdom of the group; • Participants will have access to an example of an engaging experience that they can recreate and adapt to meet the specific needs and contexts of their own communities.