

# *"Nurturing Parenting Programs"*



## **3-Day Facilitator Training**

Sponsored by: **RAPPAHANNOCK AREA COUNCIL  
For CHILDREN and PARENTS (RACCAP)**

with  
**Carol Dolber McMurray, MSW, ACSW**  
*National Trainer/Consultant*

**Dates:** **January 7 – 9, 2009**

**Cost:** \$290.00 includes training materials, morning and afternoon breaks, and lunch on the first and last day of training

**Location:** RACCAP  
1320 Central Park Blvd. – 2<sup>nd</sup> floor  
Fredericksburg, VA 22401

## The Nurturing Parenting Programs®

The Nurturing Parenting Programs® are family-based programs with a proven track record of preventing the recurrence of child abuse and neglect. Departments of Social Services, Day Care Facilities, Prevention Programs of Community Services' Boards, women's centers and many other agencies/ organizations committed to helping families and children in their communities have relied upon the Programs as a primary parenting program to promote healthy family life and break the cycle of child maltreatment.

The Nurturing Parenting Programs® are recognized by the National Registry of Effective Programs and Practices (NREPP), the Substance Abuse-Mental Health Services Administration (SAMSHA) and the Office of Juvenile Justice and Delinquency Prevention (OJJDP).

Today, there are over 18 Nurturing Parenting Programs®, each addressing the specific needs of different populations:

- ♦ Prenatal Program
- ♦ Parents and Their Infants, Toddlers, and Preschoolers
- \* Parents and Their School-Age children 5-11
- ♦ Parents and Adolescents
- ♦ Teenage Parents and Their Families
- ♦ ABC's of Parenting
- ♦ Families in Substance Abuse Treatment and Recovery
- ♦ Nurturing Skills for Parents and Children
- \* Parents and Their Children with Health Challenges
- \* Nurturing America's Military Families
- ♦ Nurturing Skills for Teen Parents
- ♦ Parents and Their School-Age Children
- \* Crianza con Cariño Birth to Five Years
- \* Crianza con Cariño 4-12 Years
- ♦ African-American Supplemental Lesson Guide
- ♦ Hmong Parents and Adolescents
- ♦ "Nurturing God's Way" Parenting Program for Christian Families
- ♦ Family Nurturing Camp
- \* Alcohol and Kids Don't Mix

## Adult-Adolescent Parenting Inventory (AAPI-2)

The AAPI-2 has proven invaluable in assessing the parenting attitudes and child-rearing beliefs of parents and adolescents. Founded on five constructs known to lead to abusive parenting, the AAPI provides scores that profile parents at risk for abusing and neglecting children.

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### Description:

In this 3 day training, Participants will learn:

- ♦ The **philosophy, values, goals, structure, and validation of the Nurturing Parenting Program®.**
- ♦ How the **5 Constructs are taught and understood in the Program, through practicing activities** relating to child development, personal power, alternatives to corporal punishment, and building self-esteem, self-concept and empathy in parents and children.
- ♦ A hands-on approach to **implementing and conducting group and home based Nurturing Parenting Programs®** that includes practice sessions, use of program materials, videos and assessment tools, children's and parents' program activities, family home practice assignments, icebreakers.
- ♦ Application of the Adult-Adolescent Parenting Inventory (AAPI-2)

During this training, different Nurturing Parenting Program® Curricula will be available for review.

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**Times:** Wednesday, January 7, 2009, 9:30 a.m. to 5:00 p.m. (note start time)  
Thursday, January 8, 2009 10:00 a.m. to 5:00 p.m. (note start time)  
Friday, January 9, 2009 10:00 a.m. to 5:00 p.m. (note start time)

**Meals:** Continental breakfast available daily ½ hour before start time  
Lunch provided on Wednesday, January 7 & Friday, January 9  
Lunch on your own Thursday

**Breaks:** Morning and afternoon

**Accommodations:** Hotel information and directions will be included in the registration confirmation

**About the Sponsoring Organization:**

**Rappahannock Area Council for Children and Parents (RACCAP)** is a non-profit agency dedicated to promoting positive parenting in order to prevent child abuse and neglect in the Greater Fredericksburg area. RACCAP sponsors nine Circle of Parents parent support groups in addition to parenting education programs.

**About the Trainer:**

Carol Dolber McMurray, MSW, ACSW, is a National Trainer/ Consultant with the Nurturing Parenting Programs®. She is an active member & coordinator of the Virginia Nurturing Network. She has worked with and on behalf of children and families for over twenty-five years, particularly in the area of foster care and adoption services. Carol McMurray serves as a Trainer and Adoption/Life Book Consultant with Child & Family Development Services of Richmond, Virginia. In her work to strengthen nurturing family life and prevent child maltreatment, she also provides workshops and seminars on conflict resolution techniques, communication and problem-solving strategies, group and family dynamics. Ms. McMurray has conducted Nurturing Program Facilitator trainings for fifteen years, provided workshops on Nurturing Parenting, facilitated Nurturing Skills groups with adolescents and has helped organizations in the implementation of different Nurturing Parenting Programs®.

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**Nurturing Parenting Programs®**  
**Facilitator Training Registration Form**

**Mail registration form**

**and check made payable to:**

**RACCAP  
P. O. Box 7402  
Fredericksburg, VA 22404**

**Questions?**

Phone Julie Rivnak-McAdam, 877-785-6217  
or email [raccap@raccap.org](mailto:raccap@raccap.org); fax # 540-785-1397

**Deadline for registrations is: Monday, December 22, 2008** (Space is limited to the first 14 paid registrants.)

**Cancellation Deadline:** December 22, 2008. If December 23 or later, \$50.00 is the non-refundable processing fee.

\_\_\_\_\_ Check enclosed for \$290.00 per person

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Name

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Agency (if applicable)

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Address: Street (or PO Box), City, State, Zip

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Phone

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Fax

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Email Address **This is IMPORTANT – You may receive updates and confirmation by email**